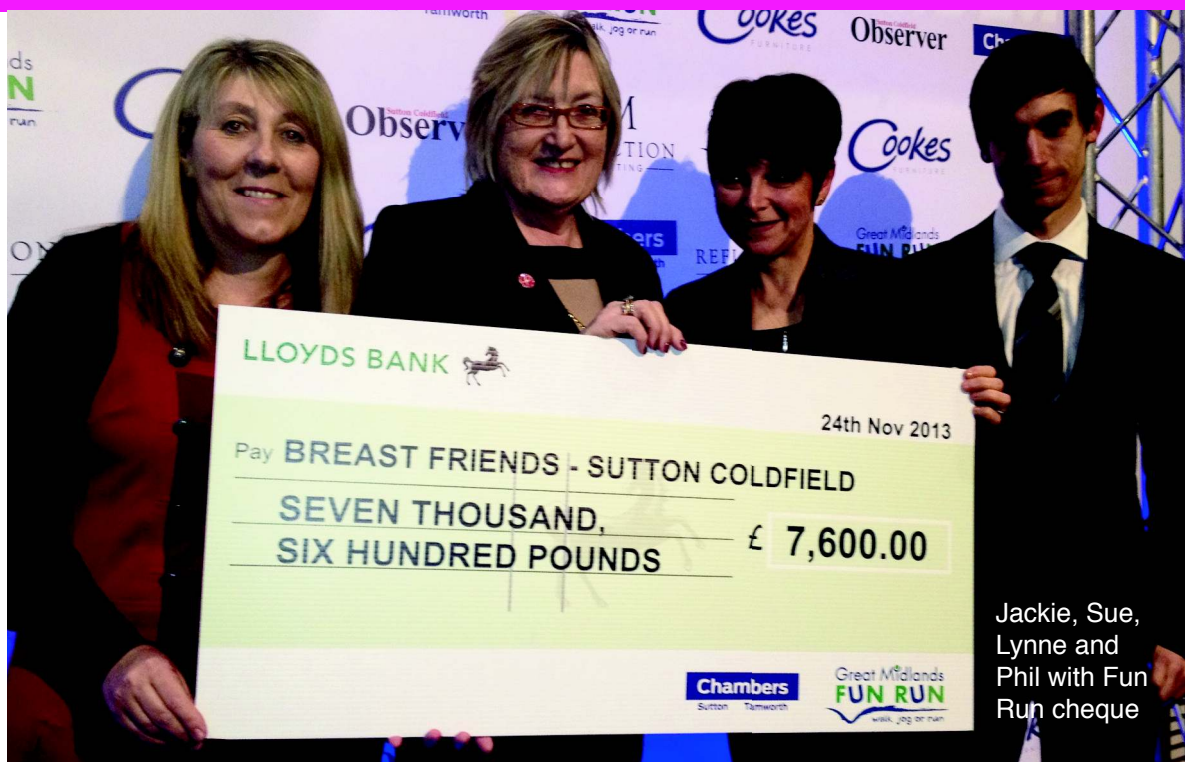




Best wishes for 2014 to all our members and supporters.



Jackie, Sue, Lynne and Phil with Fun Run cheque

Great Midlands Fun Run 2013

Back in November, Jackie Benzecry and Sue Mills along with Lynn Edmonds and Phil Cobbold from 'Team Sainsbury's' had great pleasure in attending the presentation evening for the Great Midlands Fun Run, and were delighted to receive a cheque for **£7,600!** Once again we would like to thank all who walked, jogged and ran for Breast Friends and all of their generous sponsors, enabling us to raise this grand total.

Every penny will help us to continue assisting local people with breast cancer, providing emotional and practical help such as home help, laundry services, gardening and childcare for those going through treatment and chemotherapy. With ongoing help and support for those with secondary cancer and those who are elderly or unwell. Please visit our website for further information about Breast Friends and the support and help we can offer.

www.breastfriends.org.uk

The Great Midlands Fun Run 2014 is taking place on Sunday 1st June. We would like to encourage as many people as possible to take part, and nominate Breast Friends as your chosen charity. It's a truly wonderful and fun event for all ages and abilities, which last year raised £302,450 for local charities and good causes.

Online registration opens on Saturday 1st February at www.greatmidlandsfunrun.com

Please run, jog, walk or crawl with us!



Jackie and Jo collecting cheque from Chambers Ford who entered a team for Breast Friends



ELVIS NIGHT

On Friday 7th February, Breast Friends are hosting an 'Elvis Night' at The Charter Suite, Moor Hall Hotel, Sutton Coldfield. There will be a delicious 3-course meal with coffee, followed by entertainment from the fantastic Kevin Paul, one of the best Elvis tribute artists in the business!

Tickets are £35 each, please contact Jackie on 0121 378 3037 or Gill on 0121 350 0615.

Monthly Meetings

Breast Friends hold our monthly meetings on the last Monday of most months, and all of our members and supporters are most welcome to attend. We meet at the Partnership Learning Centre at Good Hope Hospital, which is situated just behind the Sheldon Unit. After a chat, a coffee and a catch up with what's

happening in the Breast Friends community, we host a speaker who will inform or entertain.

Our next meeting is on **Monday 24th February at 7:30pm** and we will have the pleasure of welcoming Good Hope's Oncology consultant Dr Jenny Sherriff as our speaker. We will also be introducing Gill Farrington, who is the new Breast Care Nurse at Spire - Little

Aston Hospital. Please bring along your partner, friend or family member if you wish.

PLEASE NOTE: The meeting in March will be held a week early on Monday 24th March instead of 31st, with the ever popular and cheeky Tom Speake and his 'Next One' fashions. Please spread the word, come along for a giggle and bag a bargain or two. Friends and family also very welcome.

'Granddad You Have a Message'

Breast Friends committee members Yvonne, Jackie and Sue were recently invited to the Farmhouse Bistro at the Mitchell Centre for spiritual and inspirational writer Alec Laidler's book launch.

'Granddad You Have A Message' was written in memory of his wife Pat, one of our members who sadly passed away in May 2011. The book's title was inspired by Alec's granddaughter Mini, who recorded the message on his mobile phone when aged 3. The book documents the many inspirational thoughts Alec has experienced since his wife died, and he hopes that the book may help



and guide others. All profits from the book will benefit Breast Friends and The Kelli Smith Appeal. If you would like to purchase a book please visit www.granddadbooks.com

(Jackie, Yvonne and Sue with Alec, Mini and Carol Smith.)

Out to Lunch!

Breast Friends would like to invite you out to lunch on the afternoon of **Sunday 27th April at Ramada Hotel, Penns Lane Sutton Coldfield.**

It will be a three course carvery meal, followed by a concert featuring the Sutton Coldfield Chamber Choir who will be performing 'songs from the shows' and other popular music. It promises to be a really lovely afternoon; **tickets are priced at £25 each.** Please contact Jackie on 0121 378 3037 or Gill on 0121 350 0615 for further details and to reserve your tickets.

We would also like to thank Ramada Hotel for choosing Breast Friends as the charity to benefit from fundraising raffles held at their Christmas events. The total raised was £1,531, which is a great result! A huge thank you to all of our lovely Breast Friends volunteers who sold the tickets and also to the generous party people who bought them.



Supermarket Sweeps!

Thank you very much to both Sainsbury's, Mere Green and Asda Minworth for allowing us to have fundraising days at the stores over the Christmas period.

We bag packed, sold our raffle tickets and the gorgeous Paulo Pinto serenaded shoppers. Customers were very generous and we are very grateful to all who donated.

Photo Nita, Sue, Jo and Gill with Paulo Pinto at Asda Minworth

Lloyds Bank Community Fund

Thank you to each and every one of you who voted by text, email and at local Lloyds Bank branches for Breast Friends to receive a Community Fund Grant.

Lloyds provides grants to support local good causes across England and Wales, and Breast Friends were one of the four local nominations. Our charity was put forward by Kay Brookes, who is a manager at Halifax and a friend of committee member Lynn Wootton, we are so grateful to Kay for giving us this opportunity.

We secured second place and along with Sutton's Donkey Sanctuary who pipped us to the post, we were awarded £3,000, a huge boost to our funds. Just Brilliant!

Kay's also organised a charity Disco and Casino Night at the Fox and Dogs pub in Mere Green

where Lauren, her daughter was assistant manager.

The total amount raised at the event was match funded by Lloyds/Halifax and Breast Friends received over £3,000 in total.

Kay and Lauren Brookes...you are both absolute superstars, thank you for everything you have done for our charity!

Photo Jackie, Jo and Emma from BF with Rob from Lloyds Bank Mere Green, on Community Fund Launch Day.



DONATIONS

A big thank you to the many supporters who donated and raised much needed funds for Breast Friends

Sue Wale Tea Party
Meg Harris
Savills (Uk) Ltd
Margaret Smith
Sandra Hill
Mrs E Smart
Mr & Mrs R Garner Diamond Anniversary
Jant Diamond
Mr & Mrs M Harvey
Mr & Mrs R Johnson
Mr & Mrs R Hosling
Helen P M Lee
Carole Pomeroy
Mrs S Randon
Diane Evans
Canwell W I
IMO Liliane Simmonds
IMO Michell Flavell
IMO Madge Bassford
Julie Mchale IMO Mother Betty Knowles and Friends Maisie Owen & Dorothy Wheway
Molly Clarke IMO Husband Pat
Kath Morris IMO Sister Julie Waters
Marcia Shuter & Norma Lynch IMO Tina Shuter
Mary Maund IMO Daughter Lisa Maund Barnes
Gillian Bailey
IMO Dilys Sheldon
IMO Jacqui Williams Nat West Mortgage Centre
Cosmopolitan Lodge
St Mary's Lodge 3879

Fund Raisers

Great Midlands Fun Run £7,600 (Including £1491.90 From Chambers Of Sutton)
Chambers of Sutton Additional Donation £445.95
Defense Infrastructure Organisation "Pink Day" £1042 IMO Jane Robinson
Alec Laidler Book Launch IMO Wife Pat
Dawn Furnell Wishaw Golf Club Dinner Dance
Broadway Kitchens
Bee Bold Bee Beautiful Elaine Fox
Streetly Christmas Market Warren and Kate Wright £4,490.00
Lisa Southall Fund Raising Evening
St Francis of Assisi Catholic Technical College
Julia Strawford £1500.00
Michelle Louise Hair Salon
Lloyds Community Fund £3000.00
Fox & Dogs Casino Night Kay Green £3184.00

Contact

Sue Mills 28 Withy Hill Road
SUTTON COLDFIELD
West Midlands B75 6HS

Tel: 0121 329 3600

Email: sue-mills@blueyonder.co.uk

Join our **Facebook Group 'Breast Friends Sutton Coldfield and Tamworth'**

Follow us on Twitter
@BreastFriendsSC



Helpline Numbers:

0121 424 9054 & 0121 424 9490
www.breastfriends.org.uk

Christmas Fundraising

Thank you to everyone who bought and sold our grand raffle tickets, those who attended our festive evening in November and all who raised funds for us over the Christmas period.

All money raised helped our members to enjoy a fantastic Christmas party, and for Christmas hampers and vouchers which were given to members going through a particularly difficult time during the festive period.

Congratulations to Mrs. A. Cockle who scooped the 1st prize in our Christmas raffle winning a fantastic mini cruise!

Streetly Christmas Market

A massive thank you to Warren and Kate Wright of Mocha Coffee Lounge and all who were involved in organizing the Streetly Christmas Market in December. It was a truly fantastic festive event and Breast Friends were the lucky charity chosen to benefit. We were absolutely delighted to be presented with a cheque for **£4,490**.

Thank you to all the stallholders, the local shops, the choir, the entertainers, and the thousands of people who attended on the day and donated...we are so very grateful to you all.



Mocha Coffee Lounge girls with cheque



Dawn Furnell

Thank You Dawn

Grateful thanks to this lovely lady, Dawn Furnell and staff at the Imaging Department at the QE. They held a charity night at Wishaw Golf Club recently and raised a total of £500 for Breast Friends and to help the injured soldiers who are treated at the QE.