

DONATIONS

A big thank you to the many supporters who donated and raised much needed funds for Breast Friends
Donations & Fundraising For Autumn/Winter Newsletter No 51
Georgina Kennett Lady Captain Maxstoke Park Golf Club £2241.20
Margaret Harrison & The Sutton Coldfield Knitting Groups £1155.00
Erdington Social Club Rob Tinkler £850
Paul Carr Estate Agents Joanne Ellis Chester Road Sutton Coldfield £700.00
Customers & Staff of Krypton Jewellers £613.73
"Lovely Ladies" Charity Ball £600
Spire Little Aston Hospital Staff "Pink Day" £519.48
Suki Mutton Matched by National Grid £495
Thompsons Solicitors £484.00
Waitrose Customers Community Matters £412
Halifax Customers & Staff Kay Green £391.50
Gladrags Rosemary Shaw £325.00
Staff Nat West Sue Wakelin
Dons IMO Jacqui Williams Nat West Mortgage Centre
Dons IMO Jacqui Williams Royal Bank Scotland
Dons IMO Eileen Patricia Hall
Dons IMO Jan Bate
Don J Sharple Webb
Don Pauline Solomon
Janet Diamond
Ros Tompkins
Alec Laidler Book Sale
St Peters Church Little Aston
Carole Pomeroy
Atho Lodge No.74
St Mary's Lodge
Meg Harris
Kathy Thorne
Brenda Jones
Good Hope Housekeeping Team Jeannette Compton
Thompsons Solicitors F/R Lunch
Creative Moments Jeannette Compton
Pink Party Angela Bagshaw
Staff Nat West Mortgage Centre
Good Hope Summer Fete
Rob Jenkins Fun Run
Sue Mills Fun Run
Louis Brooke Fun Run
Donations & Fund Raising For Lotus Group
"That's What Friends Are For " Ball IMO Michelle Flavell £4241.05
Gladrags Nearly New Sale Rosemary Shaw
Mr J Dore

Easter Chicks Purchased £346 (Big Thank You To All The Ladies Who Knitted Chicks)

Contact

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Join our Facebook Group 'Breast Friends Sutton Coldfield and Tamworth'

Follow us on Twitter @BreastFriendsSC



Helping The Hospital

Breast Friends were very happy to help the Breast Care Team at Good Hope Hospital when they asked if the charity could assist by funding the purchase of some small bags for patients to carry their drainage bottles following breast surgery. The pretty pastel coloured bags are discreet, and for single patient use. They will now be available for patients on the wards and in clinics.

Fantastic Fashion Show!

A beautiful Breast Friends charity fashion show was held in June at Fairlawns Hotel. It was a most wonderful day, raising £1400 for our funds.

All 16 models were cancer survivors, including 18 year old Katie Mills who had a bone marrow transplant for leukaemia when aged 13. Katie modeled a beautiful Mia Solano ivory lace wedding gown, and there were a few misty eyes in the house when she appeared at the end of the show accompanied by her breast cancer survivor Mum Sue, who modeled as mother of the bride!

Thank you to all who supported the event, including Liz and staff of Millardes, Wylde Green for the outfits, The Lingerie Collection at Mitchell Centre, Ellie May Bridal of Tamworth, Spire Little Aston Hospital who provided the beautiful bouquets and Julie Slater who assisted with make up, Julie Spriggs of Trendco for providing hairdressing and wigs. Elaine Fox of Bee Bold, Bee Beautiful for the bags and accessories. Also to staff at Fairlawns for a wonderful meal.



Dawn Does Good!

For the second year running, Dawn Furnell assisted by staff at the Imaging Department at the QE hospital held a Charity Ball at Wishaw Golf Club for Breast Friends raising £527. It was such an enjoyable evening. The doctors and radiologists from the department entertained with some traditional Indian music, Bhangra dancing and comedy. Wonderful people, wonderful support.

Members Christmas Party Our members Christmas Party will be held on Sunday 21st December at Moor Hall Hotel. There will be a lovely 3 course Christmas meal and coffee with entertainment from our good friend Paulo Pinto and DJ Paul Kelly's Disco.

Tickets are subsidised at £20 each, with a limit of 2 tickets per person, as we would like as many of our members as possible to come along and share the Christmas cheer. **Please contact Jackie on 0121 378 3037 or Gill on 0121 350 0615 for more information and to reserve your tickets.**



Autumn /Winter Issue 51

NEWSLETTER

Great Midlands Fun Run 2014

The sun shone on Fun Run day in Sutton Coldfield and Breast Friends had the most amazing support from teams and individuals who walked, jogged and ran for the charity. A huge thank you to each and everyone, including those who participated from Sutton Coldfield Grammar School for Girls, Four Oaks Primary School and 'Team Maria.'

We look forward to sharing the total amount of sponsor money raised after the presentation in November.



Dates For Your Diary

Friday 10th October - Breast Friends Charity Ball at Moor Hall Hotel.

Monday 27th October - Members General Meeting, with the ever popular Tom Speake and his 'Next One' Fashions. Come and have a laugh and bag some bargains. You are welcome to bring your friends and family! From 7:30pm in the Partnership Centre, Good Hope. Free Parking.

Wednesday the 29th October - Afternoon Tea at Edwards Restaurant in Cookes Furniture Store, Erdington"

Monday 24th November - 'Festive' meeting at the Partnership Centre at Good Hope at 7:30pm. This year, for a change we will be hosting a Christmas floral demonstration, the arrangements will be raffled on the evening and there will also be a display of seasonal floral arrangements available to buy. Come and share a glass of wine and a mince pie with your Breast Friends! All welcome, free parking.

Friday 21st December - Breast Friends Christmas Party Night at Moor Hall Hotel.

Afternoon Tea

Come to afternoon tea at 2.30pm at Edwards Restaurant in Cookes Furniture Store on Wednesday the 29th October 2014. Tickets £12.50 **Contact Jackie on 0121 378 3037 or Gill on 0121 350 0615 to book.**

...TO THE BALL

Breast Friends Grand Ball at Moor Hall Hotel, on Friday the 10th October is a sell out! Tickets for the Grand Ball have sold out fast, with entertainment from the "Partners in Crime" Band it should be a fantastic evening!

Breast Friends... Here For You

An update about the Breast Friends Charity and how it helps local people who have been diagnosed with breast cancer.

Breast Friends is a small, local charity run by a network of unpaid volunteers who have experienced breast cancer themselves, offering emotional and practical support following diagnosis, surgery, during treatment and beyond.

The direct practical support offered for patients who are referred by a health professional following surgery, chemotherapy or illness includes:

- Domestic help, door-to-door laundry service, childcare and gardening. (All services are provided by trusted local businesses)
- Provision of aids and equipment: Wheelchairs, electrically operated riser reclining chairs, and rental of stairlifts.
- Make up workshops for those undergoing chemotherapy.
- Help with hair loss.
- Small grants for referred patients in need.

Members meet regularly on the last Monday of most months at the Partnership Learning Centre at Good Hope Hospital. Speakers can often be medical professionals and others may give presentations on light hearted subjects, such as fashion or beauty or crafts. Meetings are very friendly and informal and there is always someone to talk to. Breast Friends also hold fundraising and social events throughout the year that are open to anyone.

The Lotus Group - is a small sub group of Breast Friends offering specific information and emotional support to those patients who have been told their cancer has returned and for those diagnosed with secondary cancer. The group meets at 2:30pm on the first Thursday of the month at the St Giles Centre, Lindridge Road, Sutton Coldfield, B75 6JB. *For more information, please telephone Jackie on 0121 378 3037.*

The Pink Peonies - This friendly support group was set up for those patients living in Tamworth, who find it more convenient to meet locally rather than travelling to Sutton. The meetings are held on the first Monday of the month (excluding Bank Holidays) at the Sacred Heart Church Centre in Glascote. *For more information, please telephone Yvonne on 07817 855717.*

Breast Friends are truly grateful to all who continue to help, support and give so generously, enabling the charity to continue offering ongoing support to local people with breast cancer.



Carl Is Our Marathon Man

Bravo to Carl Jones who completed the London Marathon for Breast Friends.

"This year I managed to secure a ballot place for the Virgin London Marathon. I did four hard months of training. On the day it was a very hot in London and the runners and crowds were out in force.

I found it a very tough marathon, as the crowds of runners never seemed to disperse so I found it hard to get into a rhythm, and the heat made it all the more difficult. I have managed to raise £453 for Breast Friends" **Carl Jones**

Well done Carl, and many thanks for the support you and your family have always given to the charity.

Golf Club Supports Breast Friends



Breast Friends were delighted to meet Georgina Kennett, the Lady Captain from Maxstoke Park Golf Club recently when she attended our meeting to present a cheque for £2241.20.

Breast Friends were one of the club's chosen charities for the year 2013/14. We would like to thank everyone involved in helping to raise such a substantial amount, and the funds will be used to provide practical support for patients undergoing treatment.

Cockle's Climbers

A massive thank you to the fantastic 'Cockle's Climbers' who in June, despite horrendous weather made it to the summit of Mount Snowdon, the highest peak in England and Wales.

Cockle's Climbers team members are colleagues & associates of Brookes Stephens, a firm of chartered accountants based in Lichfield, with a wide range of ages and abilities. They wanted to show support for Amanda Cockle, who bravely underwent treatment for breast cancer following her diagnosis last year at the age of just 33.

Amanda and the team chose to support Breast Friends in recognition of the invaluable support provided to her and other local women. **Together they raised over £3500 in sponsorship!**

"Despite appalling weather conditions and torrential rain the whole team made it to the summit of Mount Snowdon where we managed to share our elation with Amanda on Facetime.

The climb was physically very tough, we were soaked and very cold, there was zero visibility from the top; but all along we were spurred on by the incredible support and generosity shown to us by everyone who has donated to Breast Friends. It made every step worth it." **Leon Stephens**

Thank you so much to all the climbers and to all who so generously donated and supported them. You have made Amanda and the Breast Friends charity very proud...Well done **Leon Stephens, Julie Stephens, Emily Upton, Mark Griffiths, Alison Williams, Phil Baker, John Stylianou, Stuart McIntosh, Ann Pearsall, David Grose, Robert Cockle and Amanda Cockle.**

