

DONATIONS

A big thank you to the many supporters who donated and raised much needed funds for Breast Friends

Little Aston Golf Club Ladies Section, ongoing donations totaling over £2000
Kathy Peters (sale of hand made cards £604)
David Sixsmith (Sixfest Music Festival raised £400 with funds being matched by National Grid)
Gladrags – (Rosemary Shaw £377.50)
Alec Laidler (Book proceeds £300)
Elaine Noons – Ajax Tocco International Ltd
Mr and Mrs Wilson
Mr R Hunter
Carol Hale
Babcock Lincoln
Specsavers
Punch Taverns
Lisa Upton
Joan Downes
Ian Jones
Mr H Khallil – consultant plastic surgeon
Rosanna Tomkins
Diane Gibson
Lynn Wootton
Lynn Martin
Val Cheshire
Meg Harris
Diane Evans
Lynn Edwards
Mrs M Little
Vin Bond
Gillian Bailey – in lieu of Christmas cards
Marcia Shuter & Norma Lynch in memory of Tina Shuter
Linda Hosier in memory of her sister Maureen Ray
Mrs E Pritchard in memory of her daughter Amanda Cockle
Donations in memory of Jane Hart
Donations in memory of Robert Jones
Pam Smith in memory of her mother in law Molly Clarke in memory of Pat, Bob and Jess
PG Walters in memory of his wife Joan
Mary Maund in memory of her daughter Lisa

Contact

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Join our **Facebook Group 'Breast Friends Sutton Coldfield and Tamworth'**

Follow us on Twitter
@BreastFriendsSC



Introducing Daytime Meetings

Our first meeting is on **Tuesday 23rd February at 2.30pm**. If you are a patient recently diagnosed or have just had surgery or you have been unable to attend a meeting in the evening, why not come along, you will be made most welcome.

Introducing Breast Friends, Sutton Coldfield

DAY TIME SUPPORT & INFORMATION MEETINGS FOR BREAST CANCER PATIENTS

AT THE ST GILES CENTRE,
LINDRIDGE ROAD,
SUTTON COLDFIELD B75 6JB
ON THE LAST TUESDAY OF EVERY MONTH
AT 2.30PM.

COME ALONG FOR A CHAT
REFRESHMENTS INCLUDED



BREAST FRIENDS IS A REGISTERED CHARITY NO. 1059584

DATES FOR YOUR DIARY

Saturday 20th February - 'The Fabulous Foot Tappers'



Monday 29th February
Breast Friends General Meeting, 7:30 at the Partnership Centre at Good Hope. We welcome Jenny Sherrif – Oncology Consultant at Good Hope as our speaker. All welcome, light refreshments and free parking override tickets will be available.

Friday 4th March
Elvis Tribute night at Moor Hall Hotel. Time to get your Blue Suede dancing Shoes on, for a party night with Kevin Paul - one of the best Elvis tribute acts

going! Tickets are priced at £35 each to include a delicious 3 course meal, two sets from Elvis and late night disco. For tickets, please contact Gill Harris on 0121 350 0615 or Jackie on 0121 378 3037.

Monday 21st March
General Meeting 7:30pm at Partnership Centre, Good Hope. It's Tom Speake and his 'Next One Fashions' Bargains for everyone, all welcome.

Friday 22nd April
Fundraising evening at Walmley Social Club – details to be confirmed.

Monday 25th April
General Meeting 7:30pm at Partnership Centre, Good Hope. We welcome nurse Jane Mansell speaking about developments in Lymphoedema treatments. All welcome.

Monday 6th June
Breast Friends Fashion Show at Moor Hall Hotel – further details to be confirmed.



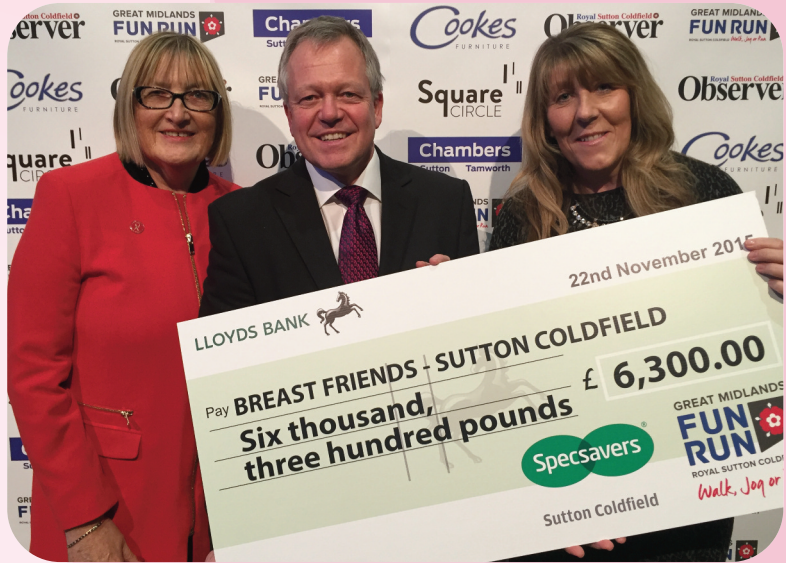
NEWSLETTER

Spring Issue 54

A belated Happy New Year to all our members and supporters. 2016 is a special year for Breast Friends as we celebrate 20 years as a registered charity. We do hope that many of you will join us as we have lots of fundraising events planned throughout the year, culminating in our fabulous 'Pink Ball' on Friday 7th October at Moor Hall Hotel, so please save the date.

Great Midlands Fun Run

In November, Jackie and Sue had the great pleasure of receiving a fantastic cheque for £6,300 at the Great Midlands Fun Run Presentation Evening. We are extremely grateful to everyone who took part for Breast Friends and to all who made sponsorship donations.



As it is a special year, we would like to appeal for walkers, joggers and runners to support Breast Friends in the Great Midlands Fun Run on **Sunday 5th June**. The Fun Run is one of our main fundraising events and this year we want our 'team' to be the biggest it has ever been! Registration is now open, so **please register online as soon as possible at www.greatmidlandsfunrun.com and nominate Breast Friends as your chosen charity. Places are strictly limited and the event fills to capacity very quickly...so please don't delay your entry.** Please do let us know if you have entered and we will provide you with a T-shirt or running vest and will support you all the way!

Boldmere Bullets

We are delighted that the fantastic local running and cycling group The Boldmere Bullets have chosen Breast Friends as their 'Charity of the Year'

The Bullets are a local, non-commercial, like-minded collective, with a love of running, walking, cycling and socialising. The group is led by volunteers for the local community. A group of Bullets 'Team 300' are cycling from Barmouth to Great Yarmouth for Breast Friends in May.... that's 300 miles in 24 hours!

Other members are doing various events and challenges throughout the year including the Fun Run and Coventry Half Marathon for the charity and we are immensely grateful for the support. For more information about the group and its activities or for details on how to sponsor a bullet event for Breast Friends, please visit www.boldmerebullets.com



FABULOUS FUNDRAISING FOLK!

Alicia Abdelkader

Beautiful Alicia organised a Ball at New Hall Hotel in memory of her mother Gloria who sadly lost her battle with breast cancer.

She raised a fantastic £2660.00 for Breast Friends. Huge thanks to her and everyone who supported the event.



(photo – Jackie, Alicia and Jo)

The Safe Harbour

Lynn, Nita and Sue were absolutely thrilled to be invited to The Safe Harbour pub, (aka The Diggers) for the presentation of a huge cheque!! The staff and customers had participated in a sponsored 28-mile canal walk, a family fun day and a charity cricket match and they raised the grand total of £5052.71 for Breast Friends. The charity was chosen in support of the pub's resident DJ Scott Wainman's wife Jackie, who has recently completed her treatment for breast cancer. To quote Scott - "The Safe Harbour may be a little pub in Witton...but it has the biggest heart"

Thank you so very much to everyone involved in raising this amazing amount of money, which has been used to purchase another Accuvein system for Good Hope Hospital, enabling patients undergoing treatment to have their veins highlighted for quicker and easier cannulation.



(Photo Scott and Jackie Wainman with cheque)

'Keep Fit With Kelly'

Kelly Ravenscroft and her 'Keep Fit with Kelly' group presented a cheque and raised the amazing total of £1317 following a year of fab fundraising. Thank you so very much for choosing Breast Friends as your charity of the year, and to everyone who supported the fundraising events.



(photo Kelly and group with cheque)

The Foley Arms – Aldridge

Thank you to the staff and customers of the **Foley Arms** pub in Aldridge for having a Breast Friends collection tin on the bar. Almost £150 has been collected so far.

All this loose change really does mount up. So if you know of anywhere local that would have a collection tin for us, please get in touch.

Marathon Support

Many thanks to **Colin McAuley** who has secured a place in the London Marathon in support of Breast Friends 20th Anniversary.

Beautiful Moor Hall Hotel where we hold a good many of our functions has kindly chosen Breast Friends as their 'charity of the year' 2016. We are very grateful for this fantastic support. Their head chef **Sean Byrne** is helping by doing the Bath Half Marathon in March, and General Manager **Sam Goss** has also signed up for a Half Marathon. Good luck to both.

Our member **Kate Rose** ran the Birmingham Half Marathon recently and raised £414 in sponsorship. Kate is a member of SE Fitness and was voted 'Most Inspirational Runner of the Year 2015' for her efforts to get back to running following surgery. Well done and thank you so much Kate.



(photo Kate Rose)

Defense Infrastructure Organisation

The DIO, located in Sutton Coldfield have recently raised £1145.31 for Breast Friends in memory of Jane Robinson. Our chairman Jackie Benzecry is pictured with Lynn, Rachel, Wendy and Jane at their raffle.



Spire Little Aston Hospital

Spire held their annual 'Pink Day' in aid of Breast Friends, raising over £500 for our funds. Julie Slater presented Jackie Benzecry with a large cheque at our Christmas party at Moor Hall.



(photo - Julie and Jackie with cheque)

Cookes Furniture

We are very grateful for the fantastic support we have had from Cookes Furniture. Their team has supported us in the Fun Run and they have promised further support in 2016.



Also Edwards Restaurant within Cookes hosted and sponsored an afternoon tea event in December. The Sutton Coldfield Chamber Choir, conducted by well-known musical director Richard Mason, entertained those attending. The choir sang carols and popular Christmas songs whilst everyone enjoyed a really lovely sparkling afternoon tea. Thanks to the generosity of the store in Goosemoor Lane, Erdington and to the generosity of those who attended and participated in the raffle, £1,025 was raised for the charity.



St Annes Court

A big thank you to **Gill Cox** and the residents of St Anne's Court in Kingstanding for holding a coffee morning and raising £710 for Breast Friends.



(Photo Nita and ladies in pink from St Anne's Court)