

## The Referral Process

You can self-refer by calling one of our nurses on:  
**0300 330 1297** (calls charged at a local rate).

A referral can be made by any healthcare professional in our catchment area via a referral form or by contacting our advice and support line on **0300 330 9410**.

A member of the team will be available from 9.30am to 4.30pm on Tuesdays, Thursdays and Fridays.

You can also email us at [ensc@stgileshospice.com](mailto:ensc@stgileshospice.com)

St Giles Supportive Care Centre  
Lindridge Road, Sutton Coldfield  
B75 6JB

[www.stgileshospice.com](http://www.stgileshospice.com)



This project has been funded by a £70,000 donation by Breast Friends Sutton Coldfield. Thank you to them and all of their supporters for their commitment to the service.

St Giles Hospice, Fisherwick Road, Whittington, Lichfield, Staffordshire WS14 9LH



Registered Charity No. 509014

## Enhanced Supportive Care

For women experiencing adverse effects of cancer and its associated treatments.

A place to talk in confidence where you will be supported in a relaxed environment. Above all we are here to listen to you.



Supported by:





## An Introduction to the Enhanced Supportive Care Team

Our team is made up of qualified nurses who are there to listen and support you. We work alongside hospital professionals and other services within the community, in order to support long term recovery both emotionally and physically.

Our nurses offer confidential advice and information to women, and/or partners and family, in a supportive environment. We focus on cancer symptoms and its associated treatments which can impact on body image, sexuality, relationships and wellbeing.

### **Most of all we are here to listen to what matters to you.**

We are based at Lindridge Road, Sutton Coldfield and available to women living with the effects of any cancer and the impact of its treatments, within the catchment area of St Giles and Breast Friends (Sutton Coldfield, Erdington, Kingstanding, Castle Vale, Great Barr, Lichfield, Tamworth, Walsall, Cannock, Rugeley and Burton).

After listening to women who have undergone treatment for cancer the following issues were described as having had an impact on recovery:

Altered body image

Treatment induced menopause

Loss of femininity

Fear of intimacy

Sexuality concerns

Relationships and loss of confidence

Loss of self-esteem

Loss of self-identity

Adjustment problems

Coping/fear

Urinary disturbance

Bowel problems

Nutrition concerns

Skincare issues

Nerve damage/pain

Faith, beliefs and values

Carers/family support

Financial concerns

